

Lord Fairfax House 512 S. Braddock Street Winchester, VA 22601 540-773-1566 Fax 540-773-1567 calfc.director@lordfairfaxhouse.com

# Community Residential Program



Lord Fairfax House 512 S. Braddock Street Winchester, VA 22601 540-773-1566 Fax 540-773-1567 Email – calfc.director@lordfairfaxhouse.com

To: Referring Party

Ref: Admission

Thank you for your interest in our program! We appreciate your consideration and look forward to an opportunity to serve your needs. For you review and completion, we enclose the following:

- Required Attachment List
- Referral Information
- Program Services Description
- Program Application (5 pages)
- Consent for Release of Information
- Resident agreement (5 pages)

Your application will be considered after we have received ALL of the above listed paperwork. After all documents are received, we will schedule a telephone interview with you. After the interview, we will make a decision concerning your application and notify you.

Please note that The Lord Fairfax House will request a copy of your physical exam, PSI and COMPAS assessment after receiving your Consent of Release of Confidential Information form. These are required before admittance to the LFH Program.

#### Please send all items to:

Lord Fairfax House 512 S. Braddock Street Winchester, VA 22601

~or~

Fax to: 540-773-1567 calfc.director@lordfairfaxhouse.com Lord Fairfax House

# Required Attachments

Criminal History	$\Box$ Copy of Birth certific	ate
☐ No Record Available Comment:	☐ No Record Avail Comment:	able
Social History	☐ Copy of Social Secur	ity Card
☐ No Record Available Comment:	☐ No Record Avail Comment:	able
Psychological Evaluation (MH 9) (w/DSM-IV Diagn	osis and IQ) $\Box$ Medical Records (M	H 17)
☐ No Record Available Comment:	☐ No Record Avail Comment:	able
Copy of Medicaid Card or Other Insurance	☐ Information regardi	ng substance abuse
☐ No Record Available Comment:	☐ No Record Avail Comment:	able
Immunization Record	☐ Other criminal/socia	l information
☐ No Record Available Comment:	☐ No Record Avail Comment:	able
Agreement to participate	☐ Photograph	
☐ No Record Available Comment:	☐ No Record Avail Comment:	able
	☐ PO Contact Information	ion
Intake Assessment  No Record Available	☐ No Record Avail Comment:	able
Comment:	☐ COMPAS Assessmen	t
	☐ No Record Avai Comment:	

#### REFERRAL INFORMATION

#### Referral Counselor Information:

Referral date:	From (Full Name):		Email address:	
Title:	Location:		Phone #:	
Offenders Personal Ir	nformation:			
First Name:		Last Name:		Age:
Date of Birth:/_	/	Gender 🗌 Ma	ale 🗌 Female	
Felon? Yes No		Dept. of Corr	ections #:	
Date of Release:	_/	Phone:		
			Io Gang affiliation? Yes Date:	No
Place of Conviction:				
To what district does thi	s offender have post rele	ase supervision?		
Release Date Projected Release Date: _	D;	ays Remaining:	as of	
	lease attach a statement		explain. If the offender is curr h staff including diagnosis, m	
			in. If the offender has any me ions, special needs that would	_
How long has offender b	een housed at current in	stitution?		
Briefly describe the offer	nder's institutional behav	vior including inst	itutional charges, behavior in	the housing unit, etc.:
Is the offender currently	employed? Yes N	<sub>Io</sub> □		
What program has the o	ffender completed or cur	rently attending:		
Are there any individual names:	s with whom the offende	er should not have	e contact? Yes 🗆 No 🗀 I If	yes, please list the
I acknowledge that I am	responsible for all bills a	ssociated with me	edical care while at Lord Fairfa	ıx House.
Offender's Signature		Date		

Once the referral form has been fully completed, the referral form, a copy of a physical/TB test within last 6 months prior to release, and PSI/Criminal History information is obtained, please fax or scan all requested documents to Lord Fairfax House: Fax: 540-773-1567

512 South Braddock Street, Winchester, VA 22601 ~or~ Email: calfc.director@lordfairfaxhouse.com

#### Program Services Description

#### I. Population Served

We provide quality, full-time residential care and coordination of services in accordance with Department of Corrections Community Residential Program standards. Our 90-day program is operated in a group home environment, filled with structured services and support. Please keep in mind that some of the outlined services mentioned below are mandatory. Services include, but are not limited to:

- \* Individual case management
- \* Referrals to community resources
- \* In house group discussion
- \* Employment and vocational assistance
- \* Community service opportunities
- \* One-on-One mentoring
- \* Support Groups
- \* Life skills development workshops
- \* Educational assistance
- \* Aftercare planning and implementation

#### II. Description of Program

#### General:

Our facility has a structured program designed to meet the needs of its clients while recognizing the uniqueness of each individual. Through its program, the facility will prepare, encourage and assist residents to achieve a standard of living that promotes further sobriety, independence and opportunity for lifelong success.

#### Physical Environment:

Each resident will live in a physical environment that is safe, and home-like. The program will ensure that the basic physical needs of each resident are met by providing nutritious meals, clean living space and 24 -hour supervision.

#### Groups:

Our Program Administrator will conduct individual and group sessions. In addition, you will be required to attend AA/NA meetings on a daily basis and will be expected to become gainfully employed. The facility will assist residents with life skills as they relate to independent living.

## **APPLICATION**

#### **General Information**

Last	Firs	st	N	II
Current Address:		•		
Street		City	State	Zip
Permanent Address:				
Street		City	State	Zip
Phone:		Alt. Number:		
Date of Birth:	Age:	Place of Birth:		
Social Security Num	ber:	_ Institution Number:		
Special Medical/Diet	-			
	-			
Emergency contact				
Emergency contact	numbers (Mandatory):	Relationship:		
Emergency contact   Contact: Address: Street	numbers (Mandatory):	Relationship:		
Emergency contact    Contact:  Address:  Street  Emergency Contact	numbers (Mandatory): Telephone Number:	Relationship:		
Contact:  Address: Street  Emergency Contact  Legal Status (Curr	numbers (Mandatory):  Telephone Number:  ent)	Relationship:	State	Zip

Court Ordered Pa	ayments:	Attorney Fees: _		
Special Condition	ns:			
Estimated Parole	/Release Date:			
Other Detainers/0	Charges:			
Prior Adult Crim	ninal History (attach additional shee	ets if necessary)		
Date	Jurisdiction	Offense	Outcome	
				<del> </del>
				· · · · · · · · · · · · · · · · · · ·
Previous Work R	elease, Probation, Parole Violations	:		
Number of Previo	ous Felonies: Misdem	neanors:		
Total number of t	ime spent in jail/prison:			
Current Probation	on/Parole Office			
Current Probation	n/ Parole District:			
Probation/ Parole	e Officer Name:			
Probation/Parole	e Officer Contact Information:			
Phone:	Address:			
Fax:	Other:			

Are you on: (check	all that apply)				
Probation:	_ Parole:	Court Recommend	led: Len	gth of Probation/Parole:	
Other (explain):					
Social History Relationship Status (	married, single, c	ivorced, dating):			
Number of Children/o	dependent(s):				
Caretaker of Child/Cl	hildren/dependen	t(s)?			
Support: Voluntary:	(	Court Ordered:	_ Amount:	_	
Identify individuals w	ho are supportive	of you:			
Education:					
Last Grade Complete	ed: D	o you have a high school d	iploma or GED?		
Have you completed	any vocational o	college training? Yes _	No		
Name of Institution		Dates Attended		Training Received	
Employment:					
Current Position:			Salary:		
Employer:			_ Phone Number: _		-
Address:					_

Previous Employ Date		eason left	Place	Position/Salary
Drug/Alcohol His	<u>story</u>			
Date of First Use:		Date of Last Use:		
	drink or use drugs?	Hov	v much and what type	9?
<b>Drugs</b> : Type	Age Started	Date of Last Use	How Often	How much
Any (clean time) o	outside of jail?	How much?		
Would you like to triggers, etc.)	disclose anything els	se about your drug and/or alc	ohol use? (For examp	ole: influences, behavior, enablers,
Previous Service	es and Treatment:			
Drug and Alcoho	l Treatment Progra	ms (attach additional pages	if necessary):	
Place:		Da	ate:	
Length of Stay: _		Type of Discharge:	Clean Ti	ime:
12 Step Programs	s: Type:	How Often:		
Do you have a spo	onsor?Wi	nere?F	or how long have you	ı had a sponsor?

#### Mental Health/Psychiatric Care

Do you have mental health issues?	Dr. diagnosis:
Are you on medications for these?	Which ones?
Have you ever been hospitalized for mental he	ealth issues?
If so, where, when, and what for?	
Have you ever attempted suicide?	if so, how many times?
Health and Medication	
Personal Physician:	Date of last physical:
General Physical Health: Excellent	Good Fair Poor
Explain any health problems:	
Are you on medications? Which on Personal dentist:	Date of last dental exam:
General dental health (circle one): Excellent	Good Fair Poor
Explain any dental problems:	
understand that if Lord Fairfax Hou application will be immediately den	ve provided is true to the best of my knowledge. I se finds that I knowing provided false information, my ied. I also affirm that I am willingly applying to the Lord that it consists of a 3-month (90) day residential
Signature of Applicant	Date

# Department of Corrections <u>Consent for Release of Information</u>

I,, the und private, or person to release any information they may have	dersigned herby authorize any agency, institution, public or econcerning me or my background to a Department of			
corrections authorized agent. Implicit to this authorization is that a Department of Corrections authorized agent may releas by you any necessary information regarding me to facilitate this request.				
This consent and authorization for release of information shall include such information as it relates to my emotional, mental, or physical health, medical records, school records, tests scores, academic or behavioral memoranda, all court records, employment records (both past and present), and any possible military history.				
	ad, this document and fully understand it. I consent and request is authorization as valid authorization to give such information or			
Signature of Client	Date			
Consent A	Abuse Disclosure  Authorization  igned, hereby authorize the Virginia Department of Corrections,			
The Virginia Parole Board, and/or the Virginia Courts and th my history or drug and/or alcohol use in their knowledge, po prognosis, and/or treatment by the Courts in sentencing, the	neir agents to receive and to release confidential information on ossession, or records for the purposes of identifying, diagnosis, e Virginia Department of Corrections and the Virginia Parole probation and/or parole (to include any future application for			
	supervision, I cannot revoke this consent; and (3) this consent rts, Virginia Department of Corrections, Virginia Parole Board and			
	ad, this document and fully understand it. I consent and request is authorization as valid authorization to give such information or			
Signature of Client	Date			

### **Consent for Release of Information**

, the undersigned herby authorize the Northwestern Community rvices Board or any agency, institution, public or private, or person to release any information they may have necerning me or my background to a Department of Corrections authorized agent. Implicit to this authorization is at a Northwestern Community Services Board or Department of Corrections authorized agent may release to you y necessary information regarding me to facilitate this request.				
This consent and authorization for release of information shall include such information as it relates to my emotional, nental, or physical health, medical records, school records, tests scores, academic or behavioral memoranda, all ourt records, employment records (both past and present), and any possible military history.				
	been read, this document and fully understand it. I consent and photocopy of this authorization as valid authorization to give such			
Signature of Client	Date			
	ce Abuse Disclosure ent Authorization			
Services Board, Virginia Department of Corrections agents to receive and to release confidential inform possession, or records for the purposes of identifying sentencing, the Virginia Department of Corrections	e undersigned, hereby authorize the Northwestern Community s, The Virginia Parole Board, and/or the Virginia Courts and their nation on my history or drug and/or alcohol use in their knowledge, ng, diagnosis, prognosis, and/or treatment by the Courts in and the Virginia Parole Board in the investigation and/or (to include any future application for supervision transfer to a			
understand that (1) the use, disclosure, and re-disclosure, of such information is made only in the investigation and/or supervision of my case, (2) while under investigation and/or supervision, I cannot revoke this consent; and (3) this consent will terminate one year after my discharge from the Lord Fairfax House and/or release from the custody of the Courts, Virginia Department of Corrections, Virginia Parole Board and their authorize agents (to include members of the Interstate Compact).				
	been read, this document and fully understand it. I consent and photocopy of this authorization as valid authorization to give such			
Signature of Client	Date			



#### Council on Alcoholism, Lord Fairfax

#### Community, Inc.

#### Resident Agreement

The following items are required terms for acceptance into The Lord Fairfax House. This is not a negotiable agreement. If you do not wish to accept these terms, you will not be placed in the Lord Fairfax House Community Resident Program. Please initial at the end of each numbered item, to indicate that you have read, understand, and will abide by each.

Your signature will also be required at the end of the document. Violation of any area of this agreement may be grounds for sanctions or termination.

I voluntarily agree to participate in the Lord Fairfax House 90-day Community Resident Program. I understand it may be necessary for the Lord Fairfax House director or designee to obtain and/or if necessary provide information regarding my criminal background, medical, substance abuse, financial history, and/or if necessary, any other area of my current or past history to or from the Department of Corrections including my Probation/Parole District Office which may include other criminal justice agencies, social services departments, volunteer organization, my employers or prospective employers, financial institutions and any agency or organization at the discretion of the Program Director or designee. I understand I must successfully complete the Lord Fairfax House program, whether court ordered or voluntary, or I will be considered to have violated the conditions of my probation(initial)
I will comply with all written or verbal directions of Lord Fairfax House staff. After I comply with such direction, if I believe them to be unreasonable, I understand I may appeal such disagreement to the Program Director (initial)
I understand part of my acceptance into the Lord Fairfax House program is to make and keep certain appointments. These include but are not limited to, medical examination and tests at the Sinclair Health Clinic, Health Department or similar medical facility. I understand I must also meet with representatives of local Probation/Parole Office. Any problems with keeping these required appointments must be brought to the attention of the Program Director or designee (initial)
4) I understand I am responsible for any medical bills associated with medical care while at Lord Fairfax House (initial)
I will never assault, injure or threaten Lord Fairfax House staff, client/residents or guests and will always conduct myself in a respectful manner. I will do nothing that endangers the safety, security, good order or property of any person, place or item (initial)
6) I may never enter any bedroom to which I am not assigned unless accompanied by a staff member, who must remain with me while in that room (initial)
7) I may not possess any weapon or item that can be interpreted as a weapon. Staff will be the sole determiner as to what constitutes a weapon. I will comply with the laws of the United States,

Commonwealth of Virginia and local and county ordinances, Department of Corrections Standards and the

standards, rules and regulations of Lord Fairfax House. \_\_\_\_\_ (initial)

8) I must familiarize myself with posted fire escape routes and participate in fire or other evacuation drills without hesitation (initial)
9) I may not use any drugs not prescribed by a physician for me. Any and all prescribed or over the counter medications for me will be immediately given to Lord Fairfax House staff for storage and control. Medications for me will be issued to me by a staff member in compliance with the directions.
*I understand that if I have been diagnosed with a pre-existing Mental Health condition or that I am suspected of having a mental health condition, I must comply with the referral to a Qualified Mental Health Professional for evaluation. The client must follow the protocol prescribed, including approved medications, to be in compliance with the Program Guidelines (initial)
I must not use any other types of drugs or consume any alcoholic beverages, of any quantity, on or off the premises. No item containing alcohol, such as Nyquil, cough syrup, mouthwash, etc. will be allowed here. I understand part of my probation or parole may require me to attend substance abuse meetings and that it is my responsibility to fulfill that expectation (initial)
I understand I am subject to substance abuse testing at any time by any staff member, male or female, on or off grounds. Refusal to submit to such testing is grounds for discharge. I understand I am subject to personal searches. I understand my personal area, packages and mail are subject to search and that Department of Corrections and law enforcement may conduct searches of all areas of Lord Fairfax House. I cannot interfere with any search by staff or other authorized personnel (initial)
I understand Lord Fairfax House is a work-oriented community residential program. I will make all reasonable efforts to find a job. Full time, FIRST SHIFT employment must be found within first 30 days of entering our program. Within my 90-day stay at the Lord Fairfax House I must find a job, save money and find a place to live. I understand I need to be seeking employment Monday thru Friday until employment is found. When on a job search, I must take a job search form with me and provide it completed and accurate to the staff on duty when I return. Continued placement at Lord Fairfax House is dependent upon finding employment. When I find a job, I must provide Lord Fairfax House staff with a job verification form with the name of the employer, address, telephone number, position, rate of pay, and other information that may be needed. I may not voluntarily leave any employment without notification and consent of the Director. I understand I must notify and receive permission to extend or change my hours of employment such as overtime and working on normal days off (initial)
I understand I MUST TURN IN ANY FUNDS/MONEY I receive from any source to Lord Fairfax House and I will receive a receipt. My funds will be placed in a resident bank account for me and I will be provided a monthly printout of my savings and deductions. I may not open a bank account of any kind (initial)
Under the standards of the Virginia Department of Corrections I must pay compensation to both the Department of Corrections and Lord Fairfax House at the rate of \$5.00 each for every 8 hours that I work while staying at Lord Fairfax House (applicable to DOC funded residents only). These fees will not exceed \$25.00 per week to the Department of Corrections and never exceed \$25.00 per week to Lord Fairfax House. The maximum total due to both agencies combined will not exceed \$200.00 per month. Lack of employment or diligence finding employment could lead to termination (initial)
I understand I will be assigned household chores to complete each day to help maintain the cleanliness of the house. A schedule will be posted on the refrigerator each week. Failure to complete my chores may result in disciplinary actions. I may not have another client/resident do my chores for me unless the Director approves as in the case of illness, injury or pass. All dirty dishes are to be placed in the dishwasher, NOT the sink (initial)

availa	e Case Manager. To obtain my maintenance check I must sig able weekly. If I do not have savings, I may not withdraw ar e loans or advances (initial)		
unde must	I understand I must comply with all court-ordered paymerstand these may be automatically deducted from my savings make financial support payments to any of my dependents to ted from my savings (initial)	s. Once employed,	I also understand I
16)	I have dependents currently receiving welfare assistance.		
		(YES)	(NO)
OFF may : lighte	Curfew is at 10:00 p.m. Sunday thru Thursday and 11:00 p. s, radios, CD players, cell phones and any other electronic entin all rooms by 11:00p.m. Sunday thru Thursday; and 12:00 a.1 result in confiscation of such equipment by any staff memberers, tobacco or any similar items in any part of the house. Surpated areas and cigarettes are to be extinguished in the recept (al)	tertainment equipt m. Friday and Satu r. I may never ligh noking is permitted	ment must be turned urday. Failure to do so nt candles, matches, d OUTSIDE only in
18) cigare	There are no tobacco products to be used inside of the Lorentees, vaping etc.) (initial)	d Fairfax House (t	his includes chew,
19)	Residents are not allowed to subscribe to magazines or nev (initial)	wspapers while at l	Lord Fairfax House.
20)	I understand the Lord Fairfax House phone number is not (initial)	to be given out ex	cept to employers.
	I understand when I leave the grounds for any reason, I m If member and tell them where I am going and sign out. Upo back in (initial)	•	, ,
The i be gra Proba I am least	Weekend passes, or transitional visits, for up to 72 hours a gency situation arises such as the death of a close family menusual purpose of weekend passes is to renew ties with family anted by consent of the Director, Case manager/Program adation/Parole officer. During my weekend pass, I must provid staying with and a phone number at which I can be reached. twice a day during my pass. I am required to spend the nightend pass form and abide with the 11:00 p.m. curfew.	nber or other extra and friends. Weel ministrator, Office e the address at wl I must be availabl t at the listed addre	ordinary circumstances, kend passes may only Manager and my hich I am staying, who e to be contacted at
withi	I understand there are 'Sign-In & Sign-Out' procedures to ement. Client/Staff communication is the key to following pr in the community. I understand approved departure authoriza- verbally is proper procedure when I leave and upon my retur a. The period of time allowed for the sign-out is up to a	roper protocols and ation is required and n. This includes:	d to be in good standing nd communicating with

needed, a separate Sign-Out Request form must be filled out for up to 4-hours maximum and authorized by one of the three administrative staff only (Director or Recovery Specialists).

When I have savings, I may withdraw up to \$80.00 per week for routine expenses, at the discretion

14)

c. Clients are responsible for calling staff on the house phone (540-773-1566) if unable to return by the designated time. Please, leave a message to ensure you are not given a rule infraction (initial)
I must list and attend one (1) AA/NA meeting each day (90 meetings in 90 days). I must list and attend one meeting each day on weekends. Church is not considered a recovery meeting (initial)
Visitation is for two (2) hours each day on Friday, Saturday, and Sunday at the discretion of the staff on duty as per LFH Policy & Procedure. Exceptions will only be approved of by the Director(initial)
I may use the laundry facilities from 6:30 a.m. till 10:00 p.m. I must be mindful of other residents and not leave laundry unattended in washer and dryer. I understand if I am found to be misusing these machines, I may lose my right to use them. I am responsible to provide my own laundry detergent (initial)
I am permitted access to the living room; the TV is for enjoyment but must be shared. We ask that volume of both TV and any music players be kept at a level that does not disturb fellow residents. These will NOT be permitted from 8:00 a.m. – 4:00 p.m., Monday through Friday. In addition, these media devices will NOT be permitted from bedtime until 5:00 a.m. The only exceptions to this schedule are on weekends and holidays (initial)
I am allowed to possess a cellular phone while at Lord Fairfax House, at the approval and discretion of staff. Phones must be turned off during meals and house meetings. I understand that if my cell phone becomes a nuisance to staff or other residents from curfew until 6:00 a.m. cellular telephones may be confiscated for any violations at the discretion of staff (initial)
I should expect all staff members to conduct themselves in a professional manner. I may not have personal relationships or conduct any type of personal business with any staff member while a resident of Lord Fairfax House. No staff member may ask me for funds, purchase anything from or for me, nor ask me to do personal services or perform errands without permission from the Director. If any of these or any other such issue arises, I must report the conduct to the Program Director (initial)
Junderstand there is limited storage space at Lord Fairfax House. To ensure adequate storage space for all residents and to maintain good order, there are restrictions on the number of things I may acquire and store in my personal area. I am not permitted to store items in cardboard boxes, garbage bags or any similar container. Items deemed in excess must be disposed of within twenty –four hours or face confiscation (initial)  a. No more than seven (7) sets of trousers and shirts.  b. No more than seven (7) sets of undergarments.  c. No more than ten (10) pairs of socks.  d. No more than four (4) pairs of shoes or boots.  e. No more than three (3) light jackets and two (2) heavy jackets or coats.  f. No more than four (4) hats or caps.

b. Details of destination and method of transportation are required.

In the event I am arrested, willfully leave, terminated or otherwise leave the program prior to my successful conclusion, Lord Fairfax House will not accept responsibility for items left behind. An effort will be made by the Director to gather any items I leave behind, attempt contact with my emergency contact person and make arrangements for pickup of items within 1 week. After that period of time, these

any money left in your account will be distributed as	_	•
A) Mailed to :	•	
(initial)		
B) Mailed to a charity of my choice:		
C) Deposited into the LFH resident account	_	
*If you have any mail coming to Lord Fairfax House address as the post office will not put in a change of a	•	
32) If I am arrested in any jurisdiction outside of contest extradition (initial)	the Commonwealth of Virginia, I	waive my right to
Sexual liaisons in the facility are prohibited. residents are prohibited. No harassment of any othe time (initial)		-
<ul><li>The following items are prohibited items:</li><li>* Mouthwash or over the counter cough syrup:</li></ul>	s with alcohol	
* No food or beverages are allowed in bedroom		f water
* Dice or gambling paraphernalia	•	
<ul> <li>Pornography or anything that could be const</li> </ul>		ermination)
<ul> <li>* Weapons of any type (result in immediate te</li> </ul>	rmination) (initial)	
35) I understand that I will not be allowed to rid one (non-DOC persons) (initial)	e in vehicles with residents that are	e allowed to have
I have read, understand, and have had read to me	this document. It has been explain	ed to me. I have
had the opportunity to ask questions about this docu-	_	
this agreement, I may be subject to disciplinary actio	_	
I am terminated from the program, my termination		
Probation/Parole Officer who may seek my arrest. I	voluntarily agree to sign this docu	ment and
participate in the Community Residential Program.		
(Signature of Resident)	(Printed Name)	(Date)
(Witness Signature of Intake Specialist	(Printed Name)	(Date)
Distribution: The Intake Specialist doing intake mu appropriate <u>Probation/Parole officer</u> , provide a (Check off each distribution as it is made)		