

Lord Fairfax House 512 S. Braddock Street Winchester, VA 22601 540-773-1566 Fax 540-773-1567 calfc.director@lordfairfaxhouse.com

# Community Residential Program



Lord Fairfax House 512 S. Braddock Street Winchester, VA 22601 540-773-1566 Fax 540-773-1567 Email – calfc.director@lordfairfaxhouse.com

To: Referring Party

Ref: Admission

Thank you for your interest in our program! We appreciate your consideration and look forward to an opportunity to serve your needs. For you review and completion, we enclose the following:

- Required Attachment List
- Referral Information
- Program Services Description
- Program Application (5 pages)
- Consent for Release of Information
- Resident agreement (5 pages)

Your application will be considered after we have received ALL of the above listed paperwork. After all documents are received, we will schedule a telephone interview with you. After the interview, we will make a decision concerning your application and notify you.

Please note that The Lord Fairfax House will request a copy of your physical exam, PSI and COMPAS assessment after receiving your Consent of Release of Confidential Information form. These are required before admittance to the LFH Program.

#### Please send all items to:

Lord Fairfax House 512 S. Braddock Street Winchester, VA 22601

~or~

Fax to: 540-773-1567 calfc.director@lordfairfaxhouse.com Lord Fairfax House

## Required Attachments

Crir	ninal History		Copy of Birth certificate
	No Record Available Comment:		☐ No Record Available Comment:
Soc	ial History		Copy of Social Security Card
	No Record Available Comment:		☐ No Record Available Comment:
Psy	chological Evaluation (MH 9) (w/DSM-IV Diagn	osis and IQ)	Medical Records (MH 17)
	No Record Available Comment:		☐ No Record Available Comment:
Сор	oy of Medicaid Card or Other Insurance		Information regarding substance abuse
	No Record Available Comment:		☐ No Record Available Comment:
lmn	nunization Record		Other criminal/social information
	No Record Available Comment:		☐ No Record Available Comment:
Agr	eement to participate		Photograph
	No Record Available Comment:		☐ No Record Available Comment:
			PO Contact Information
	ake Assessment  No Record Available		☐ No Record Available Comment:
J	Comment:		COMPAS Assessment
			☐ No Record Available Comment:

#### REFERRAL INFORMATION

#### Referral Counselor Information:

Referral date:	From (Full Name)	):		Email address:	
Title:	Location:			Phone #:	
Offenders Personal 1	Information:				
First Name:		Last Name:			Age:
Date of Birth:/		Gender 🗌	Male	☐ Female	
Felon? Yes No		Dept. of C	orrect	ions #:	
Date of Release:		Phone:			
				Gang affiliation? Yes	No
Place of Conviction:					
To what district does th	nis offender have post re	lease supervisio	n?		
<b>Release Date</b> Projected Release Date:	I	Days Remaining	g:	as of	
mental health services,			_	plain. If the offender is curr staff including diagnosis, m	
-			-	If the offender has any med s, special needs that would	_
How long has offender	been housed at current i	institution?			
Briefly describe the offe	ender's institutional beh	avior including	institu	tional charges, behavior in t	the housing unit, etc.:
Is the offender currently	y employed? Yes 🗆	<sub>No</sub> □			
What program has the	offender completed or cu	urrently attendi	ng:		
Are there any individua names:	als with whom the offen	der should not h	iave co	ontact? Yes 🗆 No 🗀 I If y	yes, please list the
I acknowledge that I an	n responsible for all bills	associated with	medic	al care while at Lord Fairfa	x House.
Offender's Signature		Date			

Once the referral form has been fully completed, the referral form, a copy of a physical/TB test within last 6 months prior to release, and PSI/Criminal History information is obtained, please fax or scan all requested documents to Lord Fairfax House: Fax: 540-773-1567

512 South Braddock Street, Winchester, VA 22601 ~or~ Email: calfc.director@lordfairfaxhouse.com

#### **Program Services Description**

#### I. Population Served

We provide quality, full-time residential care and coordination of services in accordance with Department of Corrections Community Residential Program standards. Our 90-day program is operated in a group home environment, filled with structured services and support. Please keep in mind that some of the outlined services mentioned below are mandatory. Services include, but are not limited to:

- \* Individual case management
- \* Referrals to community resources
- \* In house group discussion
- \* Employment and vocational assistance
- \* Community service opportunities
- \* One-on-One mentoring
- \* Support Groups
- \* Life skills development workshops
- \* Educational assistance
- \* Aftercare planning and implementation

#### II. Description of Program

#### General:

Our facility has a structured program designed to meet the needs of its clients while recognizing the uniqueness of each individual. Through its program, the facility will prepare, encourage and assist residents to achieve a standard of living that promotes further sobriety, independence and opportunity for lifelong success.

#### Physical Environment:

Each resident will live in a physical environment that is safe, and home-like. The program will ensure that the basic physical needs of each resident are met by providing nutritious meals, clean living space and 24 -hour supervision.

#### Groups:

Our Program Administrator will conduct individual and group sessions. In addition, you will be required to attend AA/NA meetings on a daily basis and will be expected to become gainfully employed. The facility will assist residents with life skills as they relate to independent living.

## **APPLICATION**

#### **General Information**

Last	Firs	t	M	ll
Current Address:				
treet		City	State	Zip
ermanent Address:				
treet		City	State	Zip
hone:		Alt. Number:		
Date of Birth:	Age:	Place of Birth:		
Social Security Numb	oer:	Institution Number: _		
Special Medical/Dieta	ary Concerns:			
Emergency contact n	umbers (Mandatory):			
Contact:		Relationship	:	
Address: Street		City	State	Zip
	Telephone Number:			
Emergency Contact 1				
<u>Legal Status</u> <u>(</u> Curre	•			
<u>Legal Status</u> <u>(</u> Curre	ent) ted, what is your estimated re	elease date:		

Court Ordered Pa	ayments:	Attorney Fees: _		
Special Condition	ns:			
Estimated Parole	k/Release Date:			
Other Detainers/	Charges:			
Prior Adult Crim	ninal History (attach additional shee	ets if necessary)		
Date	Jurisdiction	Offense	Outcome	
Previous Work R	elease, Probation, Parole Violations	:		
Number of Previo	ous Felonies: Misdem	neanors:		
Total number of t	ime spent in jail/prison:			
Current Probation	on/Parole Office			
Current Probation	n/ Parole District:			
Probation/ Parole	e Officer Name:			
Probation/Parol	e Officer Contact Information:			
Phone:	Address:			
Fax:	Other:			

Are you on: (check all tha	t apply)			
Probation: Pard	ole: Court Recomme	ended: Len	gth of Probation/Parole:	
Other (explain):				
<u>Social History</u> Relationship Status (married	d, single, divorced, dating):			
Number of Children/depend	lent(s):			
Caretaker of Child/Children	/dependent(s)?		<u> </u>	
Support: Voluntary:	Court Ordered:	Amount:		
Identify individuals who are	supportive of you:			
Education:				
Last Grade Completed:	Do you have a high school	ol diploma or GED? $\_$		
Have you completed any vo	ocational or college training? Yes	s No		
Name of Institution	Dates Attended		Training Received	
Employment:				
Current Position:		Salary:		
Employer:		Phone Number: _		
Addross				

Date		Reason left	Place	Position/Salary
Drug/Alcoh	ol History			
Date of First	Use:	Date of Last Use:		
How often do	o you drink or use drugs	? Ho	w much and what type	e?
<u>Drugs</u> :				
Туре	Age Started	Date of Last Use	How Often	How much
A / I				
Any (clean ti	me) outside of jail?	How much?		
Would you litriggers, etc.	-	else about your drug and/or al	cohol use? (For exam	ple: influences, behavior, enablers,
Previous Se	ervices and Treatment:			
Drug and Al	Icohol Treatment Progi	rams (attach additional pages	if necessary):	
Place:			Pate:	
Length of Sta	ay:	Type of Discharge:	Clean T	ïme:
12 Step Prog	grams: Type:	How Often:		
Do you have	e a sponsor?V	Vhere?	For how long have you	u had a sponsor?

### Mental Health/Psychiatric Care

Do you have mental health issues?	Dr. diagnosis	s:	
Are you on medications for these?	Which or	nes?	
Have you ever been hospitalized for mental health	issues?		
If so, where, when, and what for?			
Have you ever attempted suicide?	_if so, how n	nany tim	nes?
Health and Medication			
Personal Physician:			Date of last physical:
General Physical Health: Excellent	Good	Fair	Poor
Explain any health problems:			
Are you on medications? Which ones?			
Personal dentist:	Date of las	st dental	exam:
General dental health (circle one): Excellent	Good	Fair	Poor
Explain any dental problems:			
I affirm that all the information I have punderstand that if Lord Fairfax House application will be immediately denied Fairfax House program, and I know that component.	finds that I. I also af	l knov firm th	ving provided false information, my nat I am willingly applying to the Lord
Signature of Applicant			Date

# Department of Corrections <u>Consent for Release of Information</u>

private, or person to release any information they may have	n is that a Department of Corrections authorized agent may release			
This consent and authorization for release of information shall include such information as it relates to my emotional, mental or physical health, medical records, school records, tests scores, academic or behavioral memoranda, all court records, employment records (both past and present), and any possible military history.				
By affixing my signature, I attest to having read, or been read, this document and fully understand it. I consent and request that all such personal or agencies accept a photocopy of this authorization as valid authorization to give such information or records.				
Signature of Client	Date			
I,, the under The Virginia Parole Board, and/or the Virginia Courts and my history or drug and/or alcohol use in their knowledge, prognosis, and/or treatment by the Courts in sentencing, t	Abuse Disclosure t Authorization  rsigned, hereby authorize the Virginia Department of Corrections, their agents to receive and to release confidential information on possession, or records for the purposes of identifying, diagnosis, the Virginia Department of Corrections and the Virginia Parole for probation and/or parole (to include any future application for act).			
understand that (1) the use, disclosure, and re-disclosure, of such information is made only in the investigation and/or supervision of my case, (2) while under investigation and/or supervision, I cannot revoke this consent; and (3) this consent will terminate upon my release from the custody of the Courts, Virginia Department of Corrections, Virginia Parole Board and their authorize agents (to include members of the Interstate Compact).				
	read, this document and fully understand it. I consent and request this authorization as valid authorization to give such information or			
Signature of Client				

Consent for Release of Information				
I,				
This consent and authorization for release of information shall include such information as it relates to my emotional, mental, or physical health, medical records, school records, tests scores, academic or behavioral memoranda, all court records, employment records (both past and present), and any possible military history.				
By affixing my signature, I attest to having read, or been read, this document and fully understand it. I consent and request that all such personal or agencies accept a photocopy of this authorization as valid authorization to give such information or records.				
Signature of Client Date				
Substance Abuse Disclosure <u>Consent Authorization</u>				
I,, the undersigned, hereby authorize the Northwestern Community Services Board, Virginia Department of Corrections, The Virginia Parole Board, and/or the Virginia Courts and their agents to receive and to release confidential information on my history or drug and/or alcohol use in their knowledge, possession, or records for the purposes of identifying, diagnosis, prognosis, and/or treatment by the Courts in sentencing, the Virginia Department of Corrections and the Virginia Parole Board in the investigation and/or supervision of my case for probation and/or parole (to include any future application for supervision transfer to a member of the Interstate Compact).				
I understand that (1) the use, disclosure, and re-disclosure, of such information is made only in the investigation and/or supervision of my case, (2) while under investigation and/or supervision, I cannot revoke this consent; and (3) this consent will terminate one year after my discharge from the Lord Fairfax House and/or release from the custody of the Courts, Virginia Department of Corrections, Virginia Parole Board and their authorize agents (to include members of the Interstate Compact).				
By affixing my signature, I attest to having read, or been read, this document and fully understand it. I consent and request that all such personal or agencies accept a photocopy of this authorization as valid authorization to give such				

Date

information or records.

Signature of Client



# Council on Alcoholism, Lord Fairfax Community, Inc. Resident Agreement

The following items are required terms for acceptance into The Lord Fairfax House. This is not a negotiable agreement. If you do not wish to accept these terms, you will not be placed in the Lord Fairfax House Community Resident Program. Please initial at the end of each numbered item, to indicate that you have read, understand, and will abide by each.

Your signature will also be required at the end of the document. Violation of any area of this agreement may be grounds for sanctions or termination.

I voluntarily agree to participate in the Lord Fairfax House 90-day Community Resident Program. I understand it may be necessary for the Lord Fairfax House director or designee to obtain and/or if necessary provide information regarding my criminal background, medical, substance abuse, financial history, and/or if necessary, any other area of my current or past history to or from the Department of Corrections including my Probation/Parole District Office which may include other criminal justice agencies, social services departments, volunteer organization, my employers or prospective employers, financial institutions and any agency or organization at the discretion of the Program Director or designee. I understand I must successfully complete the Lord Fairfax House program, whether court ordered or voluntary, or I could be considered to have violated the conditions of my probation(initial)
2) I will comply with all written or verbal directions of Lord Fairfax House staff. After I comply with such direction, if I believe them to be unreasonable, I understand I may appeal such disagreement to the Program Director (initial)
I understand part of my acceptance into the Lord Fairfax House program is to make and keep certain appointments. These include but are not limited to, medical examination and tests at the Sinclair Health Clinic, Health Department or similar medical facility. I understand I must also meet with representatives of local Probation/Parole Office. Any problems with keeping these required appointments must be brought to the attention of the Program Director or designee (initial)
4) I understand I am responsible for any medical bills associated with medical care while at Lord Fairfax House (initial)
I will never assault, injure or threaten Lord Fairfax House staff, client/residents or guests and will always conduct myself in a respectful manner. I will do nothing that endangers the safety, security, good order or property of any person, place or item (initial)
6) I may never enter any bedroom to which I am not assigned unless accompanied by a staff member, who must remain with me while in that room (initial)
7) I may not possess any weapon or item that can be interpreted as a weapon. Staff will be the sole determiner as to what constitutes a weapon. I will comply with the laws of the United States, Commonwealth of Virginia and local and county ordinances, Department of Corrections Standards and the standards, rules and regulations of Lord Fairfax House (initial)
8) I must familiarize myself with posted fire escape routes and participate in fire or other evacuation drills without hesitation. (initial)

9) I may not use any drugs not prescribed by a physician for me. Any and all prescribed or over the counter medications for me will be immediately given to Lord Fairfax House staff for storage and control. Medications for me will be issued to me by a staff member in compliance with the directions.
*I understand that if I have been diagnosed with a pre-existing Mental Health condition or that I am suspected of having a mental health condition, I must comply with the referral to a Qualified Mental Health Professional for evaluation. The client must follow the protocol prescribed, including approved medications, to be in compliance with the Program Guidelines (initial)
I must not use any other types of drugs or consume any alcoholic beverages, of any quantity, on or off the premises. No item containing alcohol, such as Nyquil, cough syrup, mouthwash, cologne, perfume, body spray, etc. will be allowed here. I understand part of my probation or parole may require me to attend substance abuse meetings and that it is my responsibility to fulfill that expectation (initial)
I understand I am subject to substance abuse testing at any time by any staff member, male or female, on or off grounds. Refusal to submit to such testing is grounds for discharge. I understand I am subject to personal searches. I understand my personal area, packages and mail are subject to search and that Department of Corrections and law enforcement may conduct searches of all areas of Lord Fairfax House. I cannot interfere with any search by staff or other authorized personnel (initial)
I understand Lord Fairfax House is a work-oriented community residential program. I will make all reasonable efforts to find a job. Full time, FIRST SHIFT employment must be found within first 30 days of entering our program. Within my 90-day stay at the Lord Fairfax House I must find a job, save money and find a place to live. I understand I need to be seeking employment Monday thru Friday until employment is found. When on a job search, I must take a job search form with me and provide it completed and accurate to the staff on duty when I return. Continued placement at Lord Fairfax House is dependent upon finding employment. When I find a job, I must provide Lord Fairfax House staff with a job verification form with the name of the employer, address, telephone number, position, rate of pay, and other information that may be needed. I may not voluntarily leave any employment without notification and consent of the Director. I understand I must notify and receive permission to extend or change my hours of employment such as overtime and working on normal days off (initial)
I understand I MUST TURN IN ANY FUNDS/MONEY I receive from any source to Lord Fairfax House and I will receive a receipt. My funds will be placed in a resident bank account for me and I will be provided a monthly printout of my savings and deductions. I may not open a bank account of any kind (initial)
Under the standards of the Virginia Department of Corrections I must pay compensation to both the Department of Corrections and Lord Fairfax House at the rate of \$5.00 each for every 8 hours that I work while staying at Lord Fairfax House (applicable to DOC funded residents only). These fees will not exceed \$25.00 per week to the Department of Corrections and never exceed \$25.00 per week to Lord Fairfax House. The maximum total due to both agencies combined will not exceed \$200.00 per month. Lack of employment or diligence finding employment could lead to termination (initial)
I understand I will be assigned household chores to complete each day to help maintain the cleanliness of the house. A schedule will be posted on the refrigerator each week. Failure to complete my chores may result in disciplinary actions. I may not have another client/resident do my chores for me unless the Director approves as in the case of illness, injury or pass. All dirty dishes are to be placed in the dishwasher, NOT the sink (initial)
When I have savings, I may withdraw up to \$80.00 per week for routine expenses, at the discretion of the Case Manager. To obtain my maintenance check I must sign a form asking for it. The form will be

available weekly. If I do not have savings, make loans or advances (init	I may not withdraw any money. Lord Fairfax House does not tial)
understand these may be automatically ded	l court-ordered payments, fines and restitution requirements and ucted from my savings. Once employed, I also understand I ny of my dependents that is court ordered. These may be (initial)
16) I have dependents currently receiving	ng welfare assistance. (initial - YES) or (initial - NO)
lights, radios, CD players, cell phones and a OFF in all rooms by 11:00p.m. Sunday thru may result in confiscation of such equipment lighters, tobacco or any similar items in any	Thursday and 11:00 p.m. Friday and Saturday only. Overhead any other electronic entertainment equipment must be turned Thursday; and 12:00 a.m. Friday and Saturday. Failure to do so not by any staff member. I may never light candles, matches, or part of the house. Smoking is permitted OUTSIDE only in aguished in the receptacles provided (initial)
18) There are no tobacco products to be cigarettes, vaping etc.)(in	used inside of the Lord Fairfax House (this includes chew, itial)
19) Residents are not allowed to subscri	be to magazines or newspapers while at Lord Fairfax House.
20) I understand the Lord Fairfax Hous(initial)	e phone number is not to be given out except to employers.
_	nds for any reason, I must sign out, it is my responsibility to find bing and sign out. Upon return I must find a staff member and
emergency situation arises such as the death The usual purpose of weekend passes is to r be granted by consent of the Director or Pro- weekend pass, I must provide the address at number at which I can be reached. I must be	its, for up to 72 hours are granted after thirty (31) days unless and of a close family member or other extraordinary circumstances. The enew ties with family and friends. Weekend passes may only begram Manager and my Probation/Parole officer. During my the which I am staying, who I am staying with and a phone of available to be contacted at least twice a day during my pass. I address provided on the weekend pass form and abide with the
movement. Client/Staff communication is within the community. I understand approving staff verbally is proper procedure when I lead a. The period of time allowed for needed, a separate Sign-Out Request authorized by one of the administration b. Details of destination and medical contents are responsible for call	Sign-Out' procedures to be followed at all times to track client the key to following proper protocols and to be in good standing wed departure authorization is required and communicating with ave and upon my return. This includes: It is the sign-out is up to 2-hours. If a longer period of time is the form must be filled out for up to 4-hours maximum and attive staff only (Director or Designee). It is the staff on the house phone (540-773-1566) if unable to return the a message to ensure you are not given a rule

I must list and attend one (1) AA/NA meeting each day (90 meetings in 90 days). I must list and attend one meeting each day on weekends. Church is not considered a recovery meeting (initial)
Visitation is for two (2) hours each day on Friday, Saturday, and Sunday at the discretion of the staff on duty as per LFH Policy & Procedure. Visitors should be at least 18 years of age or accompanied by a non-resident guardian. Exceptions will only be approved of by the Director(initial)
I may use the laundry facilities from 6:30 a.m. till 10:00 p.m. I must be mindful of other residents and not leave laundry unattended in washer and dryer. I understand if I am found to be misusing these machines, I may lose my right to use them. I am responsible to provide my own laundry detergent (initial)
I am permitted access to the living room; the TV is for enjoyment but must be shared. We ask that volume of both TV and any music players be kept at a level that does not disturb fellow residents. These will NOT be permitted from 8:00 a.m. – 4:00 p.m., Monday through Friday. In addition, these media devices will NOT be permitted from bedtime until 5:00 a.m. The only exceptions to this schedule are on weekends and holidays (initial)
I am allowed to possess a cellular phone while at Lord Fairfax House, at the approval and discretion of staff. Phones must be turned off during meals and house meetings. I understand that if my cell phone becomes a nuisance to staff or other residents from curfew until 6:00 a.m. cellular telephones may be confiscated for any violations at the discretion of staff (initial)
I should expect all staff members to conduct themselves in a professional manner. I may not have personal relationships or conduct any type of personal business with any staff member while a resident of Lord Fairfax House. No staff member may ask me for funds, purchase anything from or for me, nor ask me to do personal services or perform errands without permission from the Director. If any of these or any other such issue arises, I must report the conduct to the Program Director (initial)
I understand there is limited storage space at Lord Fairfax House. To ensure adequate storage space for all residents and to maintain good order, there are restrictions on the number of things I may acquire and store in my personal area. I am not permitted to store items in cardboard boxes, garbage bags or any similar container. Items deemed in excess must be disposed of within twenty –four hours or face confiscation (initial)
a. No more than seven (7) sets of trousers and shirts.
b. No more than seven (7) sets of undergarments.
c. No more than ten (10) pairs of socks.
d. No more than four (4) pairs of shoes or boots.  e. No more than three (3) light jackets and two (2) heavy jackets or coats.
f. No more than four (4) hats or caps.
In the event I am arrested, willfully leave, terminated or otherwise leave the program prior to my successful conclusion, Lord Fairfax House will not accept responsibility for items left behind. An effort will be made by the Director to gather any items I leave behind, attempt contact with my emergency contact person and make arrangements for pickup of items within 1 week. After that period of time, these items will be considered abandoned property and disposed of at the discretion of the director. After 30 days any money left in your account will be distributed as you choose. Please initial and circle one: A) Mailed to:
(initial)  B) Mailed to a charity of my choice.
B) Mailed to a charity of my choice:

C) Deposited into the LFH resident account to c	over resident expenses.	
(initial)		
*If you have any mail coming to Lord Fairfax House, you address as the post office will not put in a change of address		
32) If I am arrested in any jurisdiction outside of the contest extradition (initial)	Commonwealth of Virginia, I	waive my right to
33) Sexual liaisons in the facility are prohibited. Ron residents are prohibited. No harassment of any other res time(initial)		•
The following items are prohibited items:  * Cologne, perfume, or body spray (considered scenter Mouthwash or over the counter cough syrups with the No food or beverages are allowed in bedrooms extended Dice or gambling paraphernalia the Pornography or anything that could be construed to Weapons of any type (result in immediate terminal)	th alcohol cept for one overnight bottle of as such (result in immediate to	f water
I understand that I will not be allowed to ride in one (non-DOC persons) (initial)	vehicles with residents that are	allowed to have
I have read, understand, and have had read to me this had the opportunity to ask questions about this document this agreement, I may be subject to disciplinary actions the I am terminated from the program, my termination from Probation/Parole Officer who may seek my arrest. I voluparticipate in the Community Residential Program.	t and agree to the terms. I undo nat include being terminated fro Lord Fairfax House will be rep	erstand if I violate om the program. If ported to my
(Signature of Resident)	(Printed Name)	(Date)
(Witness Signature of LFH Intake Specialist)	(Printed Name)	(Date)
Distribution: The Intake Specialist doing intake must fa appropriate Probation/Parole officer, provide a copy (Check off each distribution as it is made)	- •	